

# Full Span Leadership Coaching Program

YOU



JILL



## Set Up Meeting 1.5 hr

Uncover needs and set program goals

Preparation

## Program Agreements & Start 1.5 hr

Commit to learning objectives, begin Self-Observation

Practice Habits

Preparation

## Coaching Meeting 1 hr

Discuss experience & learnings; agree on next habits

Practice Habits

Preparation

## Coaching Meeting 1 hr

Discuss experience & learnings; agree on next habits

Practice Habits

Preparation

## Coaching Meeting 1 hr

Discuss experience & learnings; agree on next habits

Practice Habits

Preparation

## Coaching Meeting\* 1 hr

Discuss experience & learnings; agree on next habits

Practice Habits

Preparation

## Final Meeting 1 hr

Review progress and accomplishments; Your next steps

\* Coaching Meetings continue every 2-3 weeks for length of program